

After-School Routine Checklist

Name:

Week of

Check each box after school to keep afternoons simple and stress-free.

Task	Mon	Tue	Wed	Thu	Fri
Lunchbox cleaned	☐	☐	☐	☐	☐
Papers to “Back” bin	☐	☐	☐	☐	☐
Homework setup	☐	☐	☐	☐	☐
Backpack packed	☐	☐	☐	☐	☐
Devices charging	☐	☐	☐	☐	☐
Outfit set out	☐	☐	☐	☐	☐
Sports gear ready	☐	☐	☐	☐	☐
5-min tidy	☐	☐	☐	☐	☐
Check calendar	☐	☐	☐	☐	☐
Notes signed	☐	☐	☐	☐	☐

Notes & Reminders
